

# HAVE YOU GOT A MASK ON?

Based on the latest advice from the Chief Health Officer, all Victorians are now required to wear a face mask when in public. For the protection of yourself and others, please ensure that you arrive at the clinic with your facemask in-place

- 🧑‍🤝‍🧑 In-line with government guidelines, facemasks can be removed in situations including:
  - During strenuous physical activity and high intensity treatments such as exercise physiology, podiatry exercises and pilates
  - If you have a medical condition that prevents you from wearing a facemask
  - If you are an infant or is under 12 years of age
- 🧑‍🤝‍🧑 Facemasks are to be re-fitted after your exercise session is completed and prior to returning to the reception/waiting area
- 🧑‍🤝‍🧑 All our team members will be wearing facemasks at all times to ensure maximum hygiene and safety.
- 🧑‍🤝‍🧑 As an exception, if you happen to forget your facemask or if your facemask is damaged, we will provide surgical masks at the cost price of \$2 per facemask.

